

Sugarloaf Activities



ZIPLINES

Fly through the trees on a guided zipline adventure; reservations required.



MOUNTAIN BIKING

Explore over 80 miles of cross-country mountain bike trails in Carrabasset Valley, Maine. Trails vary from technical single track to flowy beginner terrain.



SCENIC LIFT RIDES

Tickets are available to purchase online. 2023/24 Season Passholders may ride for free with the presence of their pass.



HIKING

Explore the region's legendary hiking terrain, from gentle treks to 4,000 foot peaks, and even sections of the Appalachian Trail.



DISC GOLF

Our 18 hole disc golf course is located just above the base area, with sweeping views of the Bigelow Range.



AUG 16

SUMMER APRÈS MUSIC

Join us for the final concert of our 2024 Summer Après Music Series on Friday, August 16th from 4-7pm. Enjoy free live music by Nick Casey & The Whole Damn Band. Food & drink will be available for purchase at the Beach Bar. See summer lineup.

Sports & Fitness Center

Open for the summer Tuesday-Saturday, 10am-7pm. Closed on Sunday and Monday.

207.237.6946



SUGARLOAF GOLF CLUB

Sugarloaf Golf Course is Maine's premier golf destination. Tee times, lessons, and rentals available.

Other Activities include: Racquetball, Wally Ball, Pickle Ball, Ping Pong

RELAX & RECHARGE

Ready to relax? To schedule a massage, please provide advanced notification with a requested date and time. Our on-call staff of professional Licensed Massage Therapists offer sessions of Swedish massage, deep tissue massage, warm stone, and sugar/salt scrubs.

Trampolines

Private hourly rentals with an instructor are available for \$70/hour for ages 5& up. Both require reservations at least two days in advance. Please wear non-abrasive clothing; no denim. Public trampolines are not available.

Climbing Wall

Private hourly rentals with an instructor are available for \$70/hour. Reservations are required at least two days in advance. There is no public climbing wall available.

Skate Park

Private skateboard lessons are offered at the indoor skate park; available for kids 14 & under for \$55 per hour for up to three kids. No skateboard or helmet rentals are available; helmets are required in the skate park. Reservations are required at least two days in advance.

Gym & Courts

The fitness mezzanine & weight room offer state-of-the-art training equipment and free weights. The open gym includes a basketball court and track.

Fitness Classes

The Anti-Gravity Complex offers a variety of yoga, pilates, spin, and aerobic classes throughout the year. Please check back soon for an updated schedule.